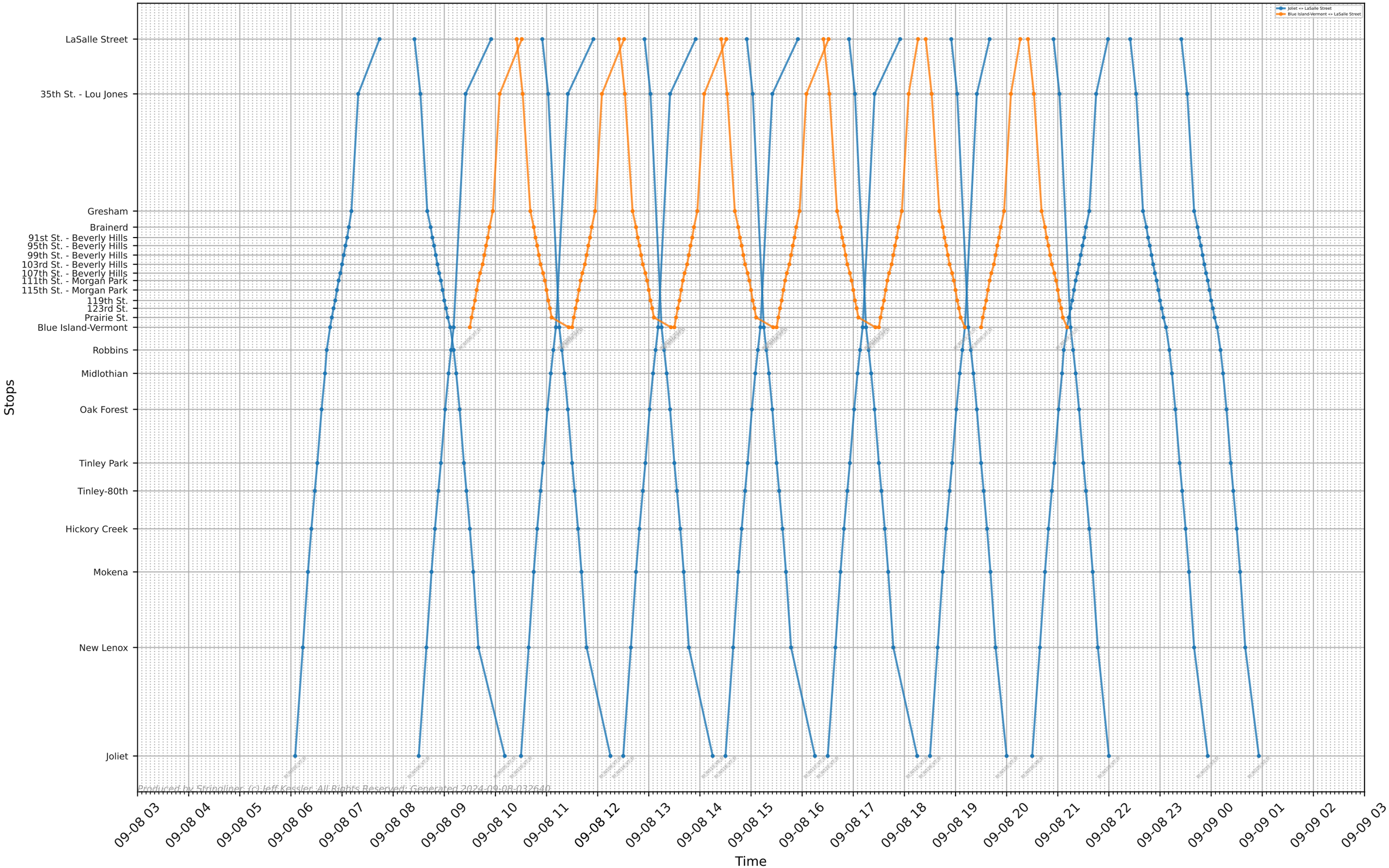Metra - Rock Island